

LE BEAU CLINIC & SPA

SKIN AND BODY MANAGEMENT



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Your Private Retreat...

Space & Intimacy...

Luxury & Simplicity...

www.day-spa-perth.com.au
www.beautyshop1.com

WELCOME

Le Beau, a sophisticated enclave of healing dedicated to beauty and body sensations that renew your spirit, refresh your mind and amplify your natural beauty...

Time stands still at Le Beau, every aspect of your wellness experience has been considered... Luxurious surroundings, 3 separate and unique resting areas, individually customised holistic treatments designed to meet the needs of our astute and health conscious male and female guests Since 1997, Karen Briffa has led her expert team on a journey of professional excellence.

Extraordinary care is taken to ensure all members of the Le Beau team are indulged with state of the art equipment, professional products and time to deliver supreme results, treatment experiences...

Le Beau are constantly working to maintain not only a good mix of high-tech medical grade skin and body treatments in a luxury spa environment, but also a holistic approach to beauty.

Hours of Operation

Mon, Tues, Weds, Fri 9.00am to 5.30pm
Thursday 9.00am to 9.00pm
Saturday 8.30am to 5.00pm

Cnr South St & Gilbertson Rd.
Kardinya WA 6163

Tel: 08 9331 1122
Fax: 08 9331 7366

Email: lebeaudayspa@bigpond.com.au

OUR PROMISE To You!

At Le Beau Clinic and Spa it is paramount we create an incomparable experience. A place where Guests can:

- Relax and be themselves
- Individual needs are heard and respected
- Results & Treatments are delivered with the highest level of knowledge from quality therapists and technology..
- Be confident, your treatment will be the very best every time.

Client Testimonials

- Once again I cannot fault the quality of the service. Thank you so much for the service, advice, courtesy and atmosphere.

Rachel. (★★★★★)

- Excellent service, recommend to everyone. Coming back for sure.

Thank you, Natasha. (★★★★★)

- My experience at Le Beau today was exceptional. Wonderful Service. Facial & Massage was amazing. I would highly recommend Thalgo Eye Bar. Definitely reduced puffiness, dark circles and it was my first treatment.

Peta Brenes (★★★★★)

- Thanks to all the wonderful staff at Le Beau for making our special day a wonderful one. Best Spa in Perth. Absolutely outstanding. I would 110% recommend this place.

Luke Moseley (★★★★★)

LE BEAU SERVING YOU BETTER!... SINCE 1997

Monthly Magazine

Every month, you will receive in your mail box our latest e-magazine with articles about health, wellbeing, latest trends and treatments. Plus our promotions for treatments and products for the month.

Gift Vouchers Online (click & print)

Perfect for time poor people or a last minute gift. Go onto our website, your voucher is instantly downloaded.

Free to You, Our Guests

Le Beau's Guest Receive

As a guest of Le Beau you will be entitled to join our VIP Club when you first visit Le Beau, either to experience the spa or to purchase the experience for someone special. You will receive a welcome kit with vouchers to spend next time you visit. You will earn bonus points from services and products. We aim to serve our guests like never before. If we need to consider any special requirements for your treatments please don't hesitate to tell us.

FOLLOW US ON FACEBOOK

Keep up to date with the latest promotions.
New treatments, products and last minute specials.



Rewarding and Educating Our Guests

Loyal Clients are rewarded with great benefits including treatments and product savings. Become a VIP Member on our website and have exclusivity to our crazy promotions plus you will receive our free E magazine and a \$20 voucher.

Download our App from the App Store free and enjoy the convenience and prizes using our QR Code, make appointments, purchase gift vouchers, view monthly promotions and more.

Payment Plan Options payment plan can be used for salon memberships and treatment courses, \$200 deposit and choose from...6 weekly even direct debit payments on the balance or 3 even fortnightly direct debit payments. For further information please speak with one of our spa coordinators

Online Booking now displays a "Make an Appointment" button for your convenience. Fill in the form and request the treatment day and time you would like your appointment. Le Beau spend a lot of time looking for new and innovative ways to improve the way we service you. We hope you enjoy these great new services. If you have any suggestions, please let us know.

VIP Members Club This club offers you 10% off products and services for an entire year. Free use of our Amenities, Alfresco Spa and Detox Sauna. Plus every month a special only available to our VIP card holders.

GST Free When you are travelling, purchase \$300 or more on your products and you will be exempt from GST - Ask our Spa Coordinators for more information.

What You Can Expect

- Highest quality products in skincare & the latest technology in equipment
- Professional experienced therapists
- 5 Star Service
- Refreshments served with all treatments
- Service tailored to your needs
- Time in relaxation lounge before and after treatment to enjoy quiet time

SERVING YOU BETTER



Luxury is space...

Luxury is time...

Luxury is peace of mind...

World Luxury Spa...

How To SPA

Le Beau promises to deliver exclusive treatments and impeccable service, **all you have to do is breathe...**

Admission to Retreat Spa Facilities & Amenities

Le Beau features three sublime relaxation areas; luxuriate in our water inspired Balinese haven. You may prefer to linger by the fireplace, relax to the sound of cascading waterfalls in our eight person 'water lounge', hydrotherapy spa. Expel toxins in our exclusive infrared sauna, detox box. Refresh with a lovely selection of fresh fruit and juices, exclusively blended herbal tea and light spa cuisine.

Amenities

Private change rooms, disposable undergarments and exclusive toiletries are provided. Thick and fluffy spa robes and slippers are located in your personal locker.

Facilities for the Disabled

Our spa has been designed with wheel chair access in mind. Please let us know if you require assistance on booking.

Open the Le Beau Wellness Door, our professional staff are waiting to assist your perfect Spa Retreat...

Reservations

Advance bookings are recommended. Where time permits, we are delighted to accommodate spontaneous guests. **Le Beau requires 50% deposit or credit card details to confirm your reservation. Please mention if you are redeeming a gift voucher as this will not require a deposit.**

Cancellation Policy

The treatments you select are reserved for you. Please provide notice of 8 working hours or 24 hours to avoid full charges being applied to your cancellation, includes gift voucher bookings, which shall be deemed void.

Confirmation SMS

To further service our guests, 48hrs prior to your appointment, you will receive a SMS confirmation reminder.

Prices

Are subject to change without notice. We reserve the discretionary right to refuse treatment.

Check In

Maximize your Le Beau experience by arriving 15 minutes prior to your scheduled appointment time. This fosters a relaxing treatment outcome and avoids reduced treatment time.

What if I'm late for my Appointment?

Arriving late will reduce the time of your treatment, lessening its effectiveness and your pleasure. Your treatment will end at the scheduled time so that the next guest is not delayed. Please leave valuables at home. Le Beau is not responsible for any lost property.

Etiquette

- To maintain ambience

To ensure all guests enjoy our peaceful surroundings, we ask noise to be kept to a minimum, this includes cellular phones.

Special Health Considerations

Guests with high blood pressure, heart conditions, varicose veins, are pregnant or have health conditions are advised to consult their Doctor prior to seeking spa services. Please inform your therapist of your medical condition or medications being taken as some services may not be suitable. Health experts suggest no more than 2 heat treatments per day. Following any heat treatment, you are advised to rest and not participate in vigorous activities for 1 hour minimum. Remember to replace fluids and not seek heat treatments 1 hour prior to any large meal.

Gift Vouchers available in Store & online*

www.day-spa-perth.com.au/vouchers/
Our gift certificates are a popular solution for any special occasion, or simply to say 'thank-you'. Choose a package or service or simply leave the choice to the recipient with a \$ voucher. Express or registered mail delivery available. Online monetary gift certificates are instantly available to download.

Gift Boxes and Bags*

Le Beau offers an experience in every gift box. Our Gift Boxes and Bags can be used for everyone and special Baby Bags to say Congratulations. All Gift Boxes are beautifully presented.

CONDITIONS

- * Vouchers valid for 6 months, if you require a longer expiry, please request.
- * Vouchers are not Redeemable for cash, Vouchers are treated as cash and must be presented at appointment.
- * Please place our voucher in a safe place as any lost or stolen vouchers cannot be reclaimed.

Corporate Gift Vouchers

A gift from Le Beau to your staff to say "thank you, I really appreciate how hard you work, and here is time just for you."

Age Restrictions (Under 18 accompanied)

The minimum age limit to use our Spa Facilities is 18 years, unless accompanied by an adult/guardian. Teen Spa Parties require written consent from each parent.

Parking

Plenty of parking at the door. Disabled parking bay also available.

Refund Policy

Gift vouchers can not be redeemed for cash, please choose carefully. Credit notes are issued for product returns, valid for 6 months.

After Hours Security Access

Late night door bell entry is provided to ensure your safety. Activated 6pm onwards.

Attire

Your comfort is our priority, relaxation is best achieved by wearing comfortable clothing. If you are having massage, Indian head massage, body treatments or tan enhances, please avoid wearing silk, suede or leather garments to avoid marking your garment or white. **Please bring swimming costume if you intend to use our hydro tub & Detox Box.**

Security

Whilst lockers are made available to store your personal effects, it is highly recommended that all jewellery be left at home as Le Beau Spa accepts no responsibility for accidental loss or damage to property including theft.

Children

Although we love children dearly, in respect to other guests, children are not encouraged. We have dedicated the first Monday of every month to mums and bubs under 8 months to help them gain a little time out without the hassle of looking for a sitter. With the exception of princess treatments. Teens and Inbetweens require parent or guardian signed consent.



FREE
SKIN ANALYSIS

Expert advice and a
tailor-made skincare regime

MEDI-SPA PRODUCTS & EQUIPMENT

IPL For Sun Damaged / Hair Removal

Imagine not having to shave, tweeze, wax or go through electrolysis again....

Now a new solution allows you to remove hair from any part of your body, fast and comfortably.

IPL technology uses a flash of light to remove unwanted hair for a long term solution, so your skin is softer and more youthful, like the hair had never been there. New non-laser Intense Pulse Light (IPL) technology can help restore youthful looking skin, far more effective than creams, medications or so called wrinkle laser.

IPL skin treatments using Photorejuvenation improves the appearance of sun damaged skin on the face and body by treating broken capillaries, age spots (sun induced freckles) and sun damage, with brief treatments and not a moment of "down time".

DNA Skin Test

Takes the guess works out of skincare. Skin DNATM is a revolutionary DNA laboratory test that examines 16 genetic makers (SNPs) in 5 categories associated with skin aging.

- * Firmness + Elasticity
- * Wrinkling (A.G.E)
- * Sun Damage + Pigmentation
- * Free Radical Damage
- * Sensitivity + Inflammation

LED

"Light Emitting Diode"

Using NASA Technology increase circulation and oxygenation, reduces inflammation, accelerates healing, minimises pores, fine lines and wrinkles (due to plumping), radiant glow while repairing and rebuilding collagen, elastin and other proteins/enzymes, improve cellular function.

Microdermabrasion

Created exclusively for you by Thalgo. An innovative and progressive concept to enhance the effectiveness of all your Thalgo products. (See MediCosmetic treatments.)

DermaFrac Skin Needling

Achieving beautiful skin has never been easier, faster, more comfortable or more effective than fractional laser or chemical peels

treatment. Offers simultaneous delivery of infused ingredients in a pain-free, no down time treatment.

Radio Frequency / Ultrasound

Ever wished for a more youthful appearance without diet exercise or surgery? Now you can have your dream. A unique multi-application, Radio Frequency based platform for non-invasive treatment of wrinkles cellulite and skin tightening... This is the best technology delivery the best results.

Infrared Detoxifying Sauna (Detox Box)

A cleansing and purifying 'holiday' for the hard-working lymphatic system; allow your body to expel unwanted toxins. Trigger in-built self-renewal mechanisms, re-discover your vitality, naturally. Infrared sauna included in retreat amenity fee

Hydro Tone Thermal Capsule

An eight in one unit allowing your spa favourites to be enjoyed in one location; don't move a muscle. Hydro, colour, ancient shirodhara, scotch hose hydro massage, Vichy shower and steam aromatherapy. Treatment possibilities are endless, choose from our select packages, or, allow your spa therapist to customize a treatment experience for you.

Vichy Shower

Purify, restore health through water! Confirmed spa devotees worship the vichy shower. If you are yet to experience vichy, don't delay. Scientifically synchronized warm and cool water droplets cascade across your body delivering a health-giving sensation not to be missed.

Chromotherapy (colourbath)

Subliminal relaxation, powered by the rainbow's light spectrum creates dramatic physiological harmony. The subtle glow of specially selected atmospheric colours, enhance the mood of peace and tranquillity.

Shirodhara

Soothe your nervous system during this deeply relaxing Ayurvedic ritual. Practised for thousands of years, shirodhara warm oil therapy creates systemic harmony. Abundantly rich, warm black sesame oil magnetically absorbs stress and tension with a continual flow of tepid oil, directed to the pituitary gland. Ancient massage techniques free energy pathways, called meridians, which govern the nerve system and instigates neuromuscular relaxation.

MEDI-SPA PRODUCTS & EQUIPMENT

Steam Capsule

The generosity of moist, gentle steam opens pores, encourages perspiration and softens skin without causing dryness. Le Beau's revolutionary steam capsule intensifies the aroma of essential oils and stimulates the olfactory system which in turn stimulates the brain's limbic area; A perfect treatment option for guests prone to claustrophobia as your head is exposed and eyes padded with a soothing compress. Steam is also used in all body treatments to enhance the results.

Hydrotherapy Spas

An ancient therapeutic ritual most famously embraced by Roman, Greek and Japanese cultures. Le Beau have three state-of-the-art hydro tubs equipped with strategically placed water jets to pumple, massage and encourage the exchange of body fluids leaving you invigorated and glowing with health.

Pedicure Lounge Massage Throne

Complete bliss awaits... Le Beau takes the pedicure to new heights of spa excellence. Your throne is ergonomically designed and fitted with fully adjustable lumbar and headrest support, body massage panels and superb hydrotherapy foot spa. The spa is sanitized before every treatment to ensure the highest level of hygiene is obtained.

Hot Towel Rails

To ensure luxury is maintained throughout your treatment, towels are warmed for ultimate comfort.

Swiss Showers

Pulsing water of varying temperature is strategically directed to various body parts delivered via 3 adjustable water heads. Relaxes muscles and stimulates immune function.

Scotch Hose Therapy

Underwater resistance therapy, dramatically increases blood circulation, lymphatic drainage and stimulates optimal skin functioning. Scotch Hose Therapy is regarded as one of the most effective cellulite busters. Your therapist strategically directs a high pressure water jet, lingering on certain areas to facilitate your desired treatment goals.

Indian Head Massage

Indian head massage originated in India over 1000 years ago. Based on ancient healing, this form of massage works on the upper back, shoulders, upper arms, neck, scalp, ears and face. The areas are massaged using firm yet gentle rhythmic movements that involve acupressure points. Regular sessions of will result in a number of health benefits.

Spray On Tan

Natural sun-kissed look without the damaging effects of the sun's UV rays. Applied with the latest air brush methods to achieve an even application. Spray tans include a full body exfoliation treatment to ensure lasting effects.

Massage Chair / Foot Massager

Hi-tech massage equipment will ensure your experience in the relaxation area is complete.

Teeth Whitening

Change your appearance in one hour. See a dramatic change in the whiteness and brightness, it's like having a new set of teeth. Join thousands of clients and enjoy the confidence of a fresh white smile.



KEY CHART

- 👁 Eye lash Tint
- 👣 Pedicure
- ✋ Manicure
- 👣 Foot Paraffin
- ✋ Hand Paraffin
- 👂 Shirodhara
- ☂ Vichy Shower
- 🛀 Relaxation Area
- 👤 Stone Therapy
- 🌿 Body Treatment
- 👤 Body Exfoliation
- 🌿 Steam Therapy
- 👤 Facials
- 👤 Microdermabrasion
- 👤 Spray Tan
- 👤 Massage
- 🌿 Hydro Spa
- 💎 LED
- 🌈 Colour Therapy
- 👤 2 Therapists
- 👤 Indian Head Massage
- 👤 Swiss Shower

LE CLUB

Privilege Membership Club

- 12 Month Membership
- 3 Memberships to choose from
- Discounted Skincare Products
- Free Spa and Infra Red Sauna
- Free Unrestricted \$\$ to use on spa services
- Payment Plan Available

Membership Packages

There is a membership to suit every Budget.
Please speak to our team to decide what best suits your needs.

PLATINUM

Receive \$2000
worth of services and
Pay only \$1500

That is \$500 worth of free services-
giving you 25% off services. Plus
15% off your skin care and make up
and 15 passes for the spa and infra
red sauna valued at \$600.

GOLD

Receive \$1000
worth of services and
Pay only \$750

That is \$250 worth of free services-
giving you 25% off services. Plus 10%
off your skin care and make up and 10
passes for the spa and infra red sauna
valued at \$400

SILVER

Pay only \$199 and receive:

10% off all your services for 12
months plus 10 free passes to alfresco
spa or infra red sauna valued at \$400

Payment Plan Options

Payment plan can be used for Salon Memberships and treatment courses.

\$200 Deposit and choose from....
6 Weekly even direct debit payments on the balance
or
3 Even fortnightly direct debit payments

For Further Information Please Speak With One Of Our Spa Coordinators

SPA PARTIES

For Teens & Inbetweens Princess Packages

Pre-Teens and Inbetweens Love to Spa

Allow 120 mins. Minimum 4 girls, 12 - 17 Years

A Pre-Teen or Teen Spa-Party. Too old for fairy parties?
Lets have some girly fun! Upon arrival all guests will be
provided with a light weight robe and head band. Bring
your bathers and open toe shoes.

Will include;

- Invites
- Mini Facial
- Mini Manicure
- Mini Pedicure
- Spa
- Light refreshments
- High Tea Available

Please remember an adult must accompany the group.
No Alcohol is to be brought.

Optional Add Ons

Treatments for little Princess

Special treats for special girls from 6-13

Princess Facial 25mins

This mini facial is designed to introduce the basics of
good skin care and is a fun and educational beginning
for a lifetime of healthy skin. Cleanse, mask, facial
massage and moisture.

Princess Massage 15mins

A perfect way to introduce your girl to massage, the
stress your little one encounters every day at school,
home and social activities can be overwhelming.
Parent or guardian must be present for the session and
bathing suit or underwear is required.

Princess Package 50mins

One hour of relaxation. The smile on her face will
tell you just how much she has enjoyed her treat.
Combining, manicure, pedicure, facial and massage fit
for a princess.

Twinkle Toes and Fancy Fingers 30mins

Enjoy a massage, shape, buff & polish of both hands
and feet. Select from our huge range of colours. Great
way for girls to play.

Mother & Daughter Retreat Package

Pampering the two of you, a time together to cherish.
Mum and daughter will enjoy mini facial, fingers and
toes paint together in the couples room.

MUMS AND BUBS DAY AT THE SPA

The Perfect Gift for New Mums

First Monday of every month is dedicated to Mums with Bubs

Exclusive to Le Beau Day Spa, the first Monday of every month is dedicated to Mums and Bubs between 9am and 12pm. This is a time where babies can cry without worrying.

This time allows mums to keep looking great and do the things they loved before having a baby. We want you to still feel like a woman, even though you are now also a Mum! The more relaxed you are as a mum the more relaxed is your baby! Being a mum is demanding, so give yourself time!

What Can I Have Done?

Whatever you like. You might just use this time to get your usual monthly waxing or facial or pedicure. You might like to have some body treatments to help get your body back.

Baby Massage

Yes your baby too can have a massage, 10 mins to help relax and calm baby.

Mum & Bub Massage

Allow 60 mins

50 minute massage, (choose from a Stone Massage, Remedial Massage or Swedish Massage) and bub will also receive a 10 minute relaxing and calming massage. The therapists will show you how to do this at home to help relax and for you to experience the ultimate in bonding between a parent and their baby "the gift of touch".

Mum & Bub Facial

Allow 60 mins

Receive a facial specific for your skins needs and a massage for your bub.

SPECIAL GROUP EVENTS

- **Wedding Preparations**
- **Hens Parties**
- **Special Celebrations**
- **Group And Corporate Events**
- **Christmas Get Together**
- **Birthdays**
- **Anniversaries**

Anniversary & Birthday Celebrations

Looking for the perfect gift or maybe you would like to celebrate your special event here with us. Quality time spent Relaxing, eating and being pampered like kings or Queens. Our establishment has outstanding facilities to ensure memorable experience to make some great memories.

Le Beau only offer the best treatments using the highest of quality product, equipment and professional team to deliver the service. We will tailor your experience to your individual needs. You can choose from our extensive menu including 25, 50 and 80 minute services.

You can add, high teas, platters or chocolate fondue to cater the experience plus add a Alfresco spa to kick back, chat and relax together.

Corporate Groups

Le Beau is the perfect way to say thank-you to your team at the end of a gruelling project with deadlines or at Christmas to say Merry Christmas. Spa Coordinators work closely with you to ensure the day is perfect. We will provide food and beverages also if required.

High Tea with The Girls (1+)

Get a group of ladies together and come and enjoy a decedent morning or afternoon together. Begin with a relaxing spa treatment of your choice, in a private room carefully prepared just for you.

Once you are completely relaxed you will come together to enjoy a selection of teas, savouries' and sweets. The Perfect way to celebrate a birthday or a special event in someone's life.

Wedding Preparation

To get you organised:

- Trial make-up
- Trial hairdressing
- Consultation with skin expert to ensure your skin is the best (plan for skin treatments 3 months before)
- Spray tans for bridal party and guests
- Manicures and pedicures for bridal party

We can arrange the fun services...

- In salon Hens Party
- Mother/Daughter Retreat
- Bride and Groom relaxation package for the day before

The Big Day

- Make-up for bridal party and guests
- Hair for bridal party and guests
- Hairdresser to be present for photos
- Cheese platter and cocktails

Hens Parties/Pre-Wedding Day Prep

This is an extremely popular way for the girls to get together. This is a very special day for the bride. Our Spa Coordinator will work closely with you and your party to customise the day to your individual needs. We can include food and beverages on request.

TIP: The A La Carte Menu is perfect for group bookings!



Imagine ...

FULL AND HALF DAY SPA PACKAGES

Design Your Own Day of Bliss

Allow 8 hours



Design your own perfect spa experience. This package leaves the choice of treatments completely up to you. Give yourself or someone special 8 hours of Total Bliss - a therapist who spends the day at your beck and call. Choose a range of treatments from our menu including a Spa Lunch and relaxation area.

Please ensure that you book this treatment well in advance to avoid disappointment.

Grand Voyage

Allow 4.5 hours



The marvels of our hydrotone thermal capsule are unleashed with full potential. Vichy shower, body exfoliation, customized body wraps infused with steam and colour therapy to relax the mind. Treasure every moment as the concept of stone therapy massage transcends to a body balancing sensation. Slip straight into a heart of the ocean facial customized to your skin requirements. Manicure and pedicure in the luxury of our pedicure lounge, your feet are soaked, scrubbed, buffed and polished and intense attention to detail of your hands. Final luxury of Paraffin is applied to both hands and feet, renew the skin, softening and hydrating.

Emerge revived and ready for the world again.

Heavenly Journey

Allow 6.5 hours



Wedding parties, corporate rewards, in fact, any time at all!

Leisurely rejuvenation, featuring professional Thalgo spa products, full body exfoliation, 20 min massage, specially selected Thalgo body wrap intensified with the power of Le Beau's exclusive steam capsule. Ancient Shirodhara warm oil scalp treatment transcends your being to a state of peaceful relaxation. Remain settled as our powerful Vichy shower continues the hydrotherapy experience, thoroughly cleansing and invigorating the circulatory system. Your heavenly journey continues with a customized Thalgo facial incorporating skin analysis, eye lash tint, brow wax and Indian Head Massage. Recline in our dedicated pedicure lounge, your feet and fingers are given the royal treatment and finish with warm paraffin treatment.

Conclude Le Beau's most famous treatment in your favourite relaxation area, enjoy our hydrotherapy Spa and exclusive infrared sauna Detox box, refreshments and facilities in ambient luxury.

Please Remember
Your Bathing Costume



Amazing Bliss

Allow 150 mins



This is the perfect way to treat you or someone special. This package will leave your whole body feeling amazing. You will start with an amazing body wrap including exfoliation, steam therapy and colour therapy in our Award Winning Body Hydratone Capsule. Your body will then be taken through a luxurious journey of tranquillity and bliss with a full body massage tailored to your individual need. Now it's time to look after the area of the body mostly exposed to the elements, the face, with a Heart Of The Ocean Customised Facial to your skins needs. This amazing package will be finished with time in the relaxation lounge with light refreshments and time to just be.

Total Skin Renewal

Allow 110 mins

To enhance your experience add Retreat Time.



Once a month it is very healthy to shed off excess dead skin, this helps with deeper penetration of moisturisers and helps skin to look more supple, fresh and youthful. Dead skin and dehydration is the number one cause of aging. Full body exfoliation and moisturiser applied plus 80min microdermabrasion LED Hydration Facial. This will leave your skin feeling amazing and smooth and nourished.

Hydro Bliss

Allow 80 mins



Hypnotise your nervous system, intoxicate your senses with the wizardry of subtle colour therapy. You are cradled in the sumptuous luxury of a Thalgo body wrap, chosen specifically to suit your needs. Purified with the magical sensation of vichy shower or steam capsule. Perhaps the most difficult challenge is deciding between a Shiordhara warm oil scalp therapy or a thorough mini

Thalgo facial. This blissful treatment is complemented with spa retreat facilities.

Melting Moment

Allow 140 mins



The combination of heated rocks gliding across tired and weary muscles is quite a marvellous sensation. Deep, rhythmic and precise movements melt tension and command your surrender to lavish indulgence. Roll over and the luxury continues with more heated rock therapy and the most appropriate Heart Of The Ocean Customised Facial to suit your needs. Extend to a melting sensation with spa retreat and amenities.

About Me

Allow 100 mins



Modern living spares not a thought for the self. About Me celebrates oneness and affirms it is OK to spare time for me. Heart Of The Ocean Customised Facial best suited to your skin's requirements. Mystical marvels, thirty minutes of massage unfold as your hands, feet, back, neck and shoulders are energized. Recharge to full capacity by adding retreat facilities and amenities.

Head to Toe

Allow 165 mins



Ooh La La, spa manicure and pedicure like no other. Cast your cares away as you enjoy the luxury of our dedicated Pedit spa lounge. Soak, scrub, spa, massage, clip and file, buff or polish in reclined comfort. Drift away during a high performance Heart Of The Ocean Customised Facial, specially chosen to suit your skin condition. A head to toe pamper would not be complete without a scalp massage. Add retreat facilities and amenities to extend your journey.

Jet Lag Recovery

Allow 180 mins



Make our spa your first stop after the airport. we have your jet lag remedy. We will start your recovery with our hydration facial treatment, followed by and soothing jet lag massage and eye treatment.

Le Tranquillity Spa

Allow 120 mins



This is our most popular Duo. To bring the body into a state of relaxation and balance. There is nothing better than a deep relaxation 50min massage. There is this drift away relaxed state the therapist will continue the journey into a Heart Of The Ocean Customised Facial designed specifically to individual needs for a further 50 mins. This treatment can be upgraded to 80mins each if desired.

Hollywood Woman

Allow 65 mins



For the woman whose time is precious. Divine pampering, 2 synchronised therapists dedicated to maximizing your time-out. Hands, feet and face are magically attended with touches of perfection, Hollywood style! Spa manicure, pedicure and treats from the sea with a customized Heart Of The Ocean Customised Facial. Retreat facilities and amenities will complement this package.

Body Balance

Allow 120 mins



Invest in you, treat your body to a sensory journey that begins with a specially selected body wrap rinsed off with Vichy shower. Decadence continues with heated 'Rock Therapy'. Treasure every moment as the concept of massage transcends to a body balancing sensation. Highly recommended, retreat facilities and amenities.

Elegant Passage

Allow 80 mins



Immerse yourself and float away in your private hydratone Hydro Spa with colour therapy to enhance the mood of peace and tranquillity. Treasure every moment as the concept of massage transcends to a body balancing sensation. Therapist choice.

Body Renewal

Allow 140 mins



Nurturing massage techniques, relax and improve skin. A 50 minute massage, a Heart Of The Ocean Customised Facial and complete your journey reclined in Royal Splendour paying particular attention to your feet while enjoying a Spa and refreshments. You may like to add a manicure and/or paraffin treatment to complete the experience.

Forbidden Pleasures

Allow 160 mins



Naughty but nice! Imagine you are on a tropical island, being exfoliated with tropical delights continue with the cascading waterfall of Vichy shower. Smothered in vanilla and detox wrap that smells good enough to eat. Sip champagne in the hydro lounge, feast on chocolate fruit fondue and enjoy all Le Beau facilities. Full body massage can be added on request. Forbidden fruits are best shared!!!

Pre-Natal for New Beginnings

For the Pregnant Woman

Allow 140 mins



Nurturing massage techniques, relax and improve skin. A soothing journey for both mother and baby. A 50 minute massage, a Heart Of The Ocean Customised Facial and complete your journey reclined in Royal Splendour paying particular attention to your feet while enjoying a Spa and refreshments. You may like to add a manicure and/or paraffin treatment to complete the experience.

Total Relaxation Package



If you are in need of a good break, some real me time; or know someone who does. This is the package for you. The combination of a 80min relaxation massage and Thalgo heart of the ocean facial... Absolutely perfect way to spend the morning or afternoon.



COUPLE'S & FRIENDS PACKAGES

Ultimate Romantic Escape

Allow 5.5 hours



Wedding preparation, anniversaries or just to say 'I love you'. Enjoy your Le Beau welcome together, proceed to the 'couples suite' where you shall each be treated to Thalgo's 'Descomask' full body exfoliation. Your private hydro tub awaits, delicately scented with a customized blend of aromatherapy. Heated rocks are incorporated in a massage, tailored to your needs.

The Le Beau Lady receives an individually created Thalgo marine facial, while the Le Beau Man receives an exclusive Thalgo male facial. Retreat to the tranquillity of your favourite relaxation area, enjoy our hydrotherapy Spa and exclusive infrared sauna, Detox box, Feast on a tropical fruit platter, spa cuisine and replenish your fluids with fresh juices and herbal tea.

Time out, for each other...

Friends Forever

Allow 250 mins



Celebrate your health and friendship, together! Retreat to 'the couple's suite' where you will both be massaged to perfection. Signalling tired muscles to relax; stress and tension dissolve as your faces are lavishly treated to a Heart of The Ocean Customised Facial.

Float into a private hydro tub where you share the fragrant oasis of pumbling water. Linger in the serenity of our relaxation zones, enjoy spa cuisine, refreshments, exclusive retreat facilities and amenities.

Serenity Now

Allow 3.5 hours



Life will never be the same. It'll be twice the fun. Couple's massage, Exotic Island Body Scrub, private spa and relaxation area including a spa lunch.

Romance in Paradise

Allow 100 mins



Get yourself out of the 'doghouse' if you've ever forgotten that special day or if you've been too busy to celebrate. A couple's massage, full body exfoliation with scalp and foot massage plus a Heart of The Ocean Customised Facial.

Couple's Stone + Spa Massage

Allow 50/80 mins



Hot Rocks Massage. Hydrotherapy Spa including a glass of champagne and spa refreshments.

RECOMMENDATION:

The Perfect Finish with High Tea

Come together and enjoy a decedent morning or afternoon together. Begin with a relaxing spa treatment of your choice, in a private room carefully prepared just for you. Once you are completely relaxed you will come together to enjoy a selection of teas, savouries and sweets. The Perfect way to celebrate a birthday or a special event in someone's life.

A-LA-CARTE MENU

Taste Plate Package (150 mins)

This is your opportunity to try our most popular treatments at a fraction of the cost!

- Back, Neck & Shoulder Massage or Indian Head Massage
- Mini Pedicure in the Pedicure Massage Chair
- Mini manicure
- Microdermabrasion Facial OR Non-Surgical Face lift
- Full body Exfoliate on in the State of the Art Hydrotone
- Thalgo Intensive Nutrition Moisturising Application
- Colour Therapy
- Steam Therapy
- Finish Relaxing in the Alfresco Spa with light refreshments

The Perfect Way to Maintain your whole body EVERY Month!

These are services lasting 25 minutes and will be great for:

- Time poor people
- People who want to try something new at a fraction of the cost
- Mums with small children (Can be done on mums and bubs days)
- Hens parties
- Groups IE: mothers groups
- Incentive gift vouchers for staff or clients
- People on a budget
- Teens

What you could do is endless.

You may like to construct your own package using these services – you are making your own spa package customised to your own needs. This is sure to be a popular service in the Spa!

Teeth Whitening

- 6% teeth whitening

Body Therapy

- Massage Stone
- Swedish, Aromatherapy
- Remedial (your choice of area)
- Indian Head Massage
- Body Ex-foliation (not in hydratone)

Using a beautifully scented exfoliate and then a light application of the matching moisturiser this will leave your skin feeling so, hydrated and smelling amazing.

Infrared sauna

Face (Tube Mask)

- Thalgo facial
- Pelactiv facial
- Hydradermie
- 30 min Micro
- Teen solution
- Eye collagen treatment
- Organic Spa Thalgo Facial

Hands and Feet

- Mani-file and paint
- Pedi-soak, file and paint
- Foot callus treatment – intense heal treatment, prepared to be amazed.
- Paraffin hands inc massage
- Paraffin feet inc massage
- Shellac paint and file
- Foot ionised detox

IPL treatments are under 25 min

- Bikini Line
- Brazilian
- Underarm
- Lip
- Back from
- Hormonal Line from

Exclusive to
Le Beau Clinic & Spa

25 min Services



Masculine
Renewal

Julius Caesar & Pompae the Great
Pioneered Modern Spa Culture

MALE ESSENTIALS

Dedicated Beauty Professionals,
delivering healing touches and
passionate care, every time...

Executive Clarity

Allow 230 mins



A stress management and male grooming essential. Full body exfoliation buffs skin, decongests blocked pores and increases vital circulation. A personal steam canopy and chromotherapy sensation; bathed in benevolent light spectrums. Male grooming continues as hands and feet are attended while you stretch-out in our pedicure lounge. Rest a while by our fireplace or hydro lounge. Enjoy a revitalizing hydrotherapy Spa and our exclusive infrared sauna Detox box. Replenish with a fresh array of juices, tea and specially prepared spa cuisine.

Monthly treatments manage executive stress levels, perfect gift idea.

Rainy Day Retreat

Allow 170 mins



Can't work while it is raining? Le Beau has a solution. Two of our most experienced massage therapists unleash their strength and skill on your hard working muscles. Four hands working at once, melt knots and relax muscles. Incorporates heated and chilled stones to provide an extra firm and deep massage experience. Conclude with Thalgo's exclusive 'Male only' express facial. Retreat to our hydro lounge for an intensive hydro tub, have a sauna and enjoy a revitalizing refreshment.

We suggest Male guests shave three hours prior to facial service.

Boy's Night Out

Allow 260 mins



Clean shirt, love potion, don't neglect your grooming! Prepare for your night out on the town with this popular treatment. Top to toe exfoliation sheds unwanted accumulations of dead skin. Open those pores and eliminate impurities with a personal steam canopy, washed away with the force of our Vichy shower. Hands and feet are not forgotten, recline in our state-of-the-art massaging pedicure lounge where evidence of hard work is scrubbed and buffed away

Complete your 'big night' preparation with a 'Men's Only' express facial. Enjoy our hydrotherapy Spa and our exclusive infrared sauna Detox box, refreshments and our facilities in ambient luxury. Don't forget your bathers! A must have for bucks, grooms or those wanting to 'roll the dice'!

Micro Metropolitan

Allow 105 mins



Is time a commodity? Manage your stress and experience deep relaxation in micro time. Two Le Beau therapists dedicate themselves to increasing your wellbeing. Your treatment begins with an Indian Head Massage working on the upper back, shoulders, upper arms, neck, scalp, ears and face using firm yet gentle rhythmic movements.

Enjoy a full body exfoliation, washed away in the Swiss shower; quite an experience in itself. Return to your two wellness goddesses for a 'Male Only' facial and Gentleman's hand and foot grooming.

Prolong the Pleasure, Retreat Facilities & Amenities

All treatments include light refreshments served in the relaxation lounge.

Men's Only Express Facial

Allow 30 mins

Secret Men's business. Le Beau has perfected facial therapy for Men only. Deep and thorough cleansing, hot towels and customized facial mask chosen from Thalgo's extensive Men's range. Retreat facilities & amenities

Men's Power Facial

Allow 70 mins



This treatment provides deep cleansing and gentle exfoliation for skin conditions caused by sun exposure and shaving. A massage with emphasis on the back, neck, shoulders and face and a corrective mask designed to eliminate blackheads, reduce shaving bumps and irritation completes your facial.

Mens Complete Chillout Package

Allow 50/80 mins



Simple but amazing start with a strong but relaxing massage tailored to your special needs followed by mens specific facial choose from 50 or 80 mins massage

Geisha Hands & Feet

Allow 50 mins



This is your invitation to sail back in time, experience the majesty of pure pampering as your hands and feet are the focus of attention. A whirlwind of sensations; soak, scrub, clipper, file and buff, especially for Men. Retreat facilities & amenities.



INFRA RED SAUNA

- Promotes detoxification of heavy metals & toxins.*Increases circulation & oxygen supply to damaged tissues.
- Boosts immune & cardiovascular systems.
- Relieves pain in aching muscles.
- Burns calories & controls weight. Burns up to 600 calories per 25 minute session.
- Beautifies & cleans the skin and helps to remove cellulite.
- Infrared penetrates 1 to 1.5 inches.*2 to 3 times more effective than traditional saunas.
- Operates at a lower temperature than conventional saunas, but you sweat up to three times more.
- A more comfortable heat.
- One of the only known ways to detoxify the body.
- Your body is made up of over 70% water, this water can become polluted, much similar to a stagnant pond, sweating out the old water and replacing it with fresh water is a great way to replenish your body.
- Make sure you drink lots of water before, during and after your sauna

Receive 10-15 treatments free when purchasing a Le Club Membership
Valued at \$450

MASSAGE CREATES BALANCE

Your body, a constantly changing entity. Experienced therapists skillfully blend rituals for the mind, body & soul.

Paradise Found Allow 40 mins

Two massage nymphs intuitively locate knots and stress deposits only to dissolve and destroy them. Heated rocks are engaged to increase and intensify the benefits of expert massage. Breathe deeply, not a care in the world, the power of touch magnified with 4 healing hands and ancient stones transport you to the "Garden of Eden". Conclude with hot towel therapy. Retreat facilities and amenities an absolute must.

Stone Therapy Allow 50/80 mins

The combination of thermal basalt marine stones provides a delicious combination of health giving sensations. Thermo (heat) therapy is regarded as a therapeutic tool assisting vascular dilation. Your expert therapist will work intuitively with smooth, oiled rocks to achieve ultimate body balance.

Aromatherapy Allow 50/80 mins

Take massage to another dimension. Pure aromatherapy oils are blended to suit your personal needs mesmerizing your senses into a state of psychological and physiological reprieve. Essential oils are attracted to our skin's natural oils, tiny in molecular size, aromatherapy oils penetrating the skin positively enhancing functions of the nervous system, glands, muscle and circulatory systems.

Polynesia Massage Allow 1hr 30 mins

Experience Polynesia, the exotic sensorial spa ritual, inspired by four of the most beautiful islands hidden in the heart of the Pacific Ocean. This luxurious treatment begins with an azure water foot bath inspired by the crystal blue waters of the Manihi Lagoon to protect and hydrate the skin.

Next is the Exotic Island Body Scrub, a gentle vanilla-scented scrub

blended with pure white sand from Bora Bora; sea salt, coconut shell and algo-monoï for a thorough exfoliation of the entire body to leave the skin feeling smooth and soft. The Mahana Massage incorporates a rhythmic Lomi-Lomi massage and warm sand pouches to loosen muscles and nourish the skin.

Finally, Polynesian Sacred Oil from Raiatea, the sacred island, is swept over the skin, its subtle golden pearls leaving a sunkissed glow and a delicate scent of flowers and monoï.

Swedish Allow 50/80 mins

Rhythmic, flowing movements release tension, dissolving the cares of life. Surrender to the power of touch, strengthen vital energy. A perfect antidote for stress.

Reflexology Allow 50 mins

Subject to availability
Relaxing and intense specialized form of accupressure focusing solely on your feet. Stimulates reflex nerves which are systemically linked to all parts of your body. Body balance at its best, your expert therapist clears meridian blockages and leaves you poised with harmony.

Beyond the Basics Allow 50/80 mins

Experience and intuition is unleashed as your therapist worships your body with great skill and precision movements. Incorporating all of Le Beau's great massage styles to create customised euphoria.

Mahana Massage

This treat for you to just relax ! Join us on a journey from island to island in French Polynesia with a new approach to relaxation. In collaboration with a specialist in Polynesian massage, inspiration from the wisdom and ancestral knowledge of the people from the exotic islands of Bora Bora, Tahaa, Manihi and Raiatea.

Note: Health Fund Rebates available, request upon booking.
All treatments include light refreshments served in the relaxation lounge.

Book the time and leave the rest to us

Kahuna/Lomi Lomi Massage Allow 50/80 mins. Subject to availability

This beautiful unique form of body work provides a holistic approach to healing by balancing the mind-body in its physical, emotional and spiritual dimensions. The practitioner uses their hands, forearms and elbows and moves around the table using flowing Hula and Tai Chi style movements.

Indian Head Massage Allow 30 mins

Based on ancient healing this form of massage works on the upper back, shoulders, arms, neck, scalp, ears and face. The areas are massaged using firm yet gentle rhythmic movements.

Jet Lag Massage Allow 50/80 mins

During this massage we use specialised techniques for relieving both fatigue and muscle ache. The massage also encourages the movement of fluid from areas where it may collect to flow evenly through the body.

Massage Enhancement Perfect for Muscle Pain

Thermal Mask can be added to any massage. Highly recommended for area which may require extra attention. A deep acting treatment ideal for tired, aching muscles and joints. Releases and relieves tension in neck, shoulders and back. Ideal for athletes and weary bodies. Especially effective post sport. A treatment with a warming deep-acting thermal effect, suitable for arthritis, rheumatism and clients who feel aches from the cold.

Can be requested at time of massage.

Optional Add Ons

Exotic Island Body Scrub

Coconut shells, Bora Bora White Sand, Marine Salt and Tahitian Vanilla combine to soften and smooth your skin. Relax in this nourishing and melting scrub with rich and musky harmonies. At home, apply once or twice a week to dry or damp skin.

Lagoon Water Bath Pebble

Relax to the rhythm of the aquatic aromas in a "Lagoon Water" bath. Soothing essential oils guarantee total relaxation. The result: your body de-stresses and your tensions disappear.

SPECIALIZED MASSAGE

Pregnancy Massage

Allow 50/80 mins

This massage is designed exclusively for new and expecting mums. In our specialized pre natal treatments we only use massage therapists trained in pregnancy massage.

Oils and products that are 100 % safe for you and your baby and techniques which specifically target those areas of concern. To enhance your experience we use a pregnancy pillow to support your body and your bump insuring it is protected thought the treatment.

Whether as a gift or booked by a mum to be craving a little me time and wants to bring good harmony and connection between her and her unborn child pregnancy massage benefits all.

Lymphatic Drainage

Allow 50/80 mins

Our hard-working lymphatic system provides resistance to disease, aids in the repair of damaged tissue and provides immunity from invading pathogens and micro-organisms. Lymphatic drainage massage is a virtual 'holiday' for the lymphatic system, mobilizing morbid, stagnant matter and physically assisting the drainage sites in the body.

Your Le Beau therapist is skilled in this potent form of massage therapy. An excellent slimming treatment. Do not eat 2 hours prior to treatment.

Reflexology

Allow 50 mins

Subject to availability
Relaxing and intense specialized form of accupressure focusing solely on your feet. Stimulates reflex nerves which are systemically linked to all parts of your body.

Body balance at its best, your expert therapist clears meridian blockages and leaves you poised with harmony.

Indian Head Massage

Allow 30 mins

Based on ancient healing this form of massage works on the upper back, shoulders, arms, neck, scalp, ears and face. The areas are massaged using firm yet gentle rhythmic movements.

Remedial Sports Massage

Allow 50/80 mins

Remedial massage is the manipulation of the soft tissues of the body - the muscles, tendons, ligaments and fascia. This form of treatment incorporates a varied amount of hands on remedial and mobilisation techniques as well as home stretching and strengthening exercises to help treat back, neck, shoulder and joint pain, as well as muscular dysfunction and/or injuries. Regular remedial massage can help maintain functional alignment, increase joint mobility and flexibility, heal soft tissue injuries and promote general well-being.
Health fund rebate available - ask upon booking.

Deep Tissue

Allow 50 mins

Subject to availability

This massage is perfect for those who enjoy a firm massage. Strong deep massage relieves tight muscles and the stress of everyday life. Therapists advise the addition of Thermal Mask with this treatment.

Massage Enhancement

- Perfect for Muscle Pain

Thermal Mask can be added to any massage. Highly recommended for area which may require extra attention. A deep acting treatment ideal for tired, aching muscles and joints.

Releases and relieves tension in neck, shoulders and back. Ideal for athletes and weary bodies. Especially effective post sport. A treatment with a warming deep-acting thermal effect, suitable for arthritis, rheumatism and clients who feel aches from the cold.

Can be requested at time of massage.

Add Detox Box: Infra Red Sauna before any massage for maximum results.

Detox Box: Infra Red Sauna

It is natural for the human body to produce toxins as a matter of normal metabolism. These toxins are typically released in urine and don't build up in a healthy environment. Unfortunately due to the pollution and chemicals there is no healthy environment.

The infra red detox sauna is the best way to clear these toxins from your body. You will feel mentally and physically better after the session.

Positive benefits - The body absorbs FAR infrared (FIR) because of its deep penetrating ability, when this happens it transforms light energy promoting many benefits including purification sweat process revitalizing muscular stress relax and tone and skin benefits.

It detoxifies the body by stimulating perspiration at a comfortable temperature to reduce the body's levels of acid and waste residue like toxins, sodium, alcohol, nicotine, cholesterol and potentially carcinogenic heavy metals especially zinc, lead, nickel, cadmium etc. Weight loss management is another benefit of infrared saunas. It burns up to 900 cals per 30 minute sessions.

THALGO BODY TREATMENTS

Thermal body treatment capsule range. It is simplicity at it's best. Incorporates the three essential functions that enable full body treatments both efficiently, and effortlessly, including seaweed, mud and moisturizing masques – these functions are Aromasteam, Vichy shower and HydroColor lighting.

Micronised Marine Algae Body Treatment

Allow 50/80 mins



An intensively mineral rich marine 'skin boost'. Descomask body exfoliant effectively polishes and prepares skin to receive micronised natural vitamins and enzymes contained in precious algae. Rejuvenates your skin, particularly soothing to eczema or psoriasis. Include retreat facilities to further enhance your experience.

Aromaceane Body Treatment

Allow 50/80 mins



Chosen to suit your treatment goals, our wraps are deeply relaxing, essential health-giving experiences. Calm your nerve system, boost cellular respiration and hasten the elimination of toxins. Aromaceane wraps begin with marine prelude intense exfoliation, followed by personalized aroma mud wrap and signature Thalgo foot reflexology. Active sea minerals render skin soft and supple. Regular treatment highly advised, ideal component of weight loss program. Male and Female disposable undergarments supplied.

Marine Prelude

Allow 50/80 mins



A deep remineralising exfoliation treatment combining natural marine mud, rich in minerals and a marine salt preparation to stimulate circulation, increase the perspiration process and detoxify. Aromatic essential oils are massaged into skin, satin

smooth perfection...
The finishing touch, spray on tan.

Thalgo high precision shaping treatment

Allow 50/80 mins



This treatment is for all women looking for an innovative and effective treatment taking into account their body shape. Your figure is visibly re-shaped, re-sculpted, body contours are re-defined, dimples are significantly smoothed. This professional treatment correct 2 types of fat that causes cellulite dimpling, excess curves and sagging on different areas of the body.

Bust Therapy

Allow 50 mins



Preserve and correct the bust's natural firmness and contour. Post natal or dramatic weight loss, bust care should not be overlooked. Thalgo are masters of body care and have developed concentrated serums and masks to support this delicate envelope of skin.

Body Brush

Allow 30 mins



Stimulate circulation, enliven skin functions, let your skin breathe and receive precious aroma essence massage. A gift of wisdom from the Orient. Body brushing is an ancient and culturally embraced bathing ritual practised for centuries. A stand alone experience, or precursor to spa delights. Bask in the Hydratone with steam & colour therapy to maximize the experience. Please don't forget your bathing costume if using Spa facilities.

Detox and Tone

Allow 50/80 mins



This seaweed body mask is a wonderfully stimulating, intensive treatment. After each treatment you will feel invigorated and

recharged. With seaweed, botanical extract and essential oils to stimulate you system to eliminate impurities.

Thalgo Polynesia Spa Ritual

1 hour 30 mins



Experience Polynesia, the exotic sensorial spa ritual, inspired by four of the most beautiful islands hidden in the heart of the Pacific Ocean. This luxurious treatment begins with an azure water foot bath inspired by the crystal blue waters of the Manihi Lagoon to protect and hydrate the skin.

Next is the Exotic Island Body Scrub, a gentle vanilla-scented scrub blended with pure white sand from Bora Bora; sea salt, coconut shell and algo-monoï for a thorough exfoliation of the entire body to leave the skin feeling smooth and soft.

The Mahana Massage incorporates a rhythmic Lomi-Lomi massage and warm sand pouches to loosen muscles and nourish the skin. Finally, Polynesian Sacred Oil from Raiatea, the sacred island, is swept over the skin, its subtle golden pearls leaving a sunkissed glow and a delicate scent of flowers and monoï.

Perfect Addition

Shirodhara

Soothe your nervous system during this deeply relaxing Ayurvedic ritual. Practised for thousands of years, shirodhara warm oil therapy creates systemic harmony. Abundantly rich, warm black sesame oil magnetically absorbs stress and tension with a continual flow of tepid oil, directed to the pituitary gland. Ancient massage techniques free energy pathways, called meridians, which govern the nerve system and instigates neuromuscular relaxation.

Indian Head Massage

Allow 30 mins

Based on ancient healing this form of massage works on the upper back, shoulders, arms, neck, scalp, ears and face. The areas are massaged using firm yet gentle rhythmic movements.



HAND & FOOT THERAPIES

The finishing touch to grooming... Includes choice of refreshments from menu

Le Beau Ultra Hands & Feet

Allow 80 mins

Oasis of pampering pleasure. Recline in the unparalleled luxury of our dedicated Pedicure lounge. Specially programmed massage sequences tranquillize muscular aches and stress. Adjustable for men and women, our hydrotherapy foot bath transforms manicure and pedicure treatments to a divine experience. Ladies emerge with precision polish while gents are treated to an expert buff and shine. Add paraffin treatment to complete your experience. For a perfect finish add Shellac polish.

Ultra Manicure

Allow 50 mins

Intense attention to the detail of your hands, deep exfoliation, customized aromatherapy serums and expert massage techniques. Age defying mask chosen to hydrate or refine. Meticulous care produces stunning nails for Men & Women. Add paraffin treatment to complete your experience. For a perfect manicure finish add Shellac polish.

Ultra Pedicure

Allow 50 mins

A total body experience paying particular attention to your feet. Recline in royal splendour, receive thorough exfoliation, mineral rich soak and specially selected foot mask. Reflexology points are repeatedly stimulated as your feet are treated to celestial massage. Ladies, precision paint, Gents, buff and shine. Add paraffin treatment to complete your experience. For a perfect pedicure finish add Shellac polish.

Foot Fusion

Allow 40 mins

From the moment your feet touch the delicately scented spa, idle splendour follows... Le Beau has refined the art of pure pampering which transcends the humble pedicure to a 'mini' escape! Soak, scrub, clip, file, massage and precision polish. Add paraffin treatment to complete your experience. For a perfect finish add Shellac polish.

Shellac or Infinite Shine inc-File and Buff

Great for maintaining your shellac colour application in immaculate condition at all times. Highly recommended for those who recently had a manicure (within 2-3 weeks). With zero drying time, you don't have to worry about any smudges or dents.

30min Mani or Pedi

Trimming, filing and shaping of the nail, cuticle tidy, Solar oil cuticle conditioning treatment, followed by OPI nail polish application.

30min Mani or Pedi and Shellac or Infinite Shine

Trimming, filing and shaping of the nail, cuticle tidy, Solar oil cuticle conditioning treatment, followed by shellac or infinite shine nail polish application. With zero drying time, you don't have to worry about any smudges, bumps or dents.

Add-Ons for Improved Results

Paraffin Mask

An ancient beauty ritual renowned for skin softening and hydration. Add to any manicure or pedicure.

Callus Removal

This is a simple yet the most effective way to remove callused hard dry heels - Be prepared to be amazed.

Hydroxy Acid Peel

Add to any mani/pedi. Deep exfoliation and renewal.

Shellac (UV or LED option)

Shellac Nail Polish last 14 days. No cracking, splitting or wearing.

- Mirror finish
- Zero dry time
- No nail damage (REALLY!!)

Infinite Shine (no LED or UV required)

Look like a polish hoarder, there are so many bottles, TRULY lasts. O.P.I.'s Infinite Shine system has ended the search! You don't usually make it past 24 hours before you see tip wear, chips, etc. Not with Infinite Shine! Going into Day 4, and not a single sign of wear in any way, shape or form! This product is simply amazing! Oh did I forget - No soaking off!

Discounted rate when added to any manicure or pedicure.

Highest level of hygiene standards guaranteed.

NAILS • WAXING • TINTING • TANS • MAKE-UP • TEETH WHITENING

Nail Enhancements

- Featuring Creative Nails, OPI Varnishes and Highly Qualified Technicians...
- Sip herbal tea and relax in ambient luxury....
- Full Set (acrylic/gel)
- French (acrylic/gel)
- Temporary Tips
- Buff & Polish
- Nail Art
- Nail Replacement
- Soak Off & Buff
- Overlays
- Gel Overlays
- Refills 2-3 weeks
- Refills 3 weeks & over
- French Refills

With all full sets, enjoy a pampering hydro tub or foot massage for your feet, the Le Beau difference!

Shellac / OPI Polish Gel

Nail Polish lasts 14 days with no cracking, splitting or waning.

- Mirror finish
- Zero dry time
- No nail damage (Really!!)

Infinite Shine

Look like a polish hoarder, there are so many bottles, TRULY lasts. O.P.I.'s Infinite Shine system has ended the search! You don't usually make it past 24 hours before you see tip wear, chips, etc. Not with Infinite Shine! Going into Day 4, and not a single sign of wear in any way, shape or form! This product is simply

amazing! Oh did I forget -No soaking off!

Male Waxing

Prices listed as a guide, extra charges may apply if hair is particularly dense.

Back & Shoulders	Full Leg Wax
Chest Wax	Full Arm
Stomach Wax	Eyebrow Tidy

IPL

To achieve permanent hair reduction underarms, bikini line, brazilian, arms, legs, abdomen back and chest.

Hair Removal - (Waxing)

Our professional & hygienic waxing service includes sterilisation, disposable under-garments and anti-bacterial post care. For delicate areas.

Upper Eye Brow	G-String
Eye Brow	Bikini Line
Eye Brow Shape	Brazilian Wax
Upper Lip or Chin	Full leg & Bikini
Sides of Face	Full leg
Face-Lip, Chin, Brow	Upper leg & Bikini
Full Arm	Three Quarter leg
Half Arm	Upper Leg
Under Arm	Half Leg

Finishing Touches....

- Luscious Lashes & Beautiful Brows
- Lash perming creates curled lashes for
- 8-12 weeks

- Eye Lash Tint
- Lash & Brow Tint
- Brow Tint
- Eye Lash Perm ~ curls for longer looking lashes
- Lash Perm & Tint
- Permanent Lashes ~ extend the length of your lashes and be the envy of all your friends

Make-up

- School Ball
- Bridal Make-up
- Night/Day
- Sunday wedding available on request.

Teeth Whitening

1 hour and you have a new set of teeth. Join thousands of clients enjoying their confident white smiles today.

Spray On Tan (St. Tropez) (J Bronze)

All Over 45 mins

Include body exfoliation

St.Tropez's newest Express Bronzing Mist is perfect for those chasing the rapid results in our rushed lives Classic Bronzing Mist is subtle enough to suit any skin tone, while the Dark Bronzing Mist works fantastically for those with a darker complexion.

Top Up (3 days)

Natural sun kissed look without the damaging effects of the sun's UV rays. Applied with the latest air brush methods to achieve even application. Featuring 'Faken It' professionally formulated products. Treatment includes exfoliating skin preparation.

GOOD SKIN HEALTH

Step 1: Cleanse

Removes oil, dead skin cells, and environmental pollutants- debris, which form free radicals, while preparing your skin to receive vital nutrients contained in the treat & balance steps.

Step 2: Treat

Delivers vital and effective ingredients to treat your specific condition and help restore replenish and revitalize your skin.

Step 3: Balance

Targeted ingredients to revive your skins ability to repair and renew for a nourished healthy glow.

Step 4: Protect

Applying photo age protection ensures your skins ability to grow and build healthy skin cells while shielding your skin for harmful environmental pollutants, debris and the skins damaging UVA/UVB rays.

FACIAL THERAPIES

Le Beau Face

All Le Beau facials include a deep cleanse, exfoliation and specially chosen serum as well as heavenly face, neck and shoulder massage. Your mask is chosen from a selection of Thalgo's high performance formulations which delivers highly active precious nutrients. A bust treatment and/or back, neck and shoulder massage can be introduced to complement any facial. Unhurried luxury where science meets nature. Gents, please shave three hours prior to facial service. All facials include quiet time and refreshments in our relaxation launch.

The Power of Marine Spa and Beauty

Thalgo treatments are renowned for their incredible results. World leader and originator of the marine spa and beauty trend, Thalgo harnesses the riches of the sea so you can benefit from powerful healing, revitalising and rebalancing properties vital for health and well-being. Thalgo's exceptional body treatments refine, relax and tone, while the facials offer spectacular results in anti-ageing, hydrating, purifying and much more.

Thalgo Facials

Thalgo has a facial to treat virtually any concern. All Thalgo facials begin with the "Discovery of the Sea" massage to ease tensions and immerse you in a relaxing aquatic cocoon. For best results, Thalgo recommends a course of 6 facials, in conjunction with the accompanying home care range to continue effectiveness.

M Ceutic Peel Facial

Radical Renovation is a 3-step cosmeceutical treatment capable of producing immediate, visible results. The treatment commences with a skin diagnosis aimed at closely analysing the condition of the skin to provide the most suitable corrective treatment. The treatment is tailored with a series of three steps deigned to reconstruct ideal skin quality: Renovating Peel with a range of acids in increasing concentration; Bio-regenerative infusion to boost cell metabolism and Corrective intervention with high dose serum and treatment mask. 4 sessions of corrective treatment is recommended and up to 6 sessions for more severe skin problems.

Thalgo Eye Touch - 20 mins

This treatment can be combined with a face or body treatment. The eye area is cleansed and gently massaged using a specific eye concentrate. Using the appropriate eye products and either a warm or cold gel mask, the Thalgo Eye Massage Mask machine gently massages the eye contour area. An application of Thalgo Silicium Eye Cream completes the treatment. The result is an instant rejuvenation of the eye contour area with puffiness and dark circles reduced and any lines or wrinkles gently smoothed.

Thalgo Beauty Flash - 25 mins

The ultimate Express Face and Eye treatment using the unique Thalgo Eye Massage Mask. Starting with a cleanse and gentle massage of the eye area using a specific eye concentrate, a cream mask appropriate for the needs of your skin is then applied over the whole face area. The Thalgo Eye Massage Mask machine is then used in conjunction with the appropriate eye products and either a warm or cold gel mask underneath to massage the eye contour area, reducing puffiness and dark circles and gently smoothing out any lines or wrinkles. To finish, Thalgo Silicium Eye Cream and

the appropriate Thalgo face cream are applied leaving you with a healthy glow and an instant rejuvenation of the eye contour area.

Thalgo Skin Perfecting Facial - 50 min

Renew your skin to reveal perfection! This skin perfecting programme featuring a high performance skin exfoliator and chemical peel, intensely smoothes the micro-contours of your skin for an even-toned, firm and radiant complexion. Wrinkles, fine lines and imperfections are visibly smoothed away! Always apply Thalgo SPF50 sunscreen after a Microdermabrasion treatment as your skin will be more sensitive to sun exposure. Thalgo Microdermabrasion products contain hydrating ingredients and skin is soothed during the treatment with a Restoring Mask to minimise sensitivity.

Heart of The Ocean Cold Cream Marine Ritual

50 min - Face and Décolleté

This personalised Thalgo signature facial ritual begins with a relaxing welcome massage after which the skin is gently cleansed and exfoliated. A serum packed with active marine ingredients is applied with Thalgo's Heart of the Ocean massage, recreating the rhythmic motions of the sea to relax the facial muscles and relieve tension in the arms, shoulders and neck; followed by a skin-specific mask to correct any skin concerns. The treatment finishes with an application of moisturiser, leaving the complexion restored to its natural beauty.

Thalgo Hydra Marine Ritual - 50 min

A moisture boosting delight for all skin types but particularly dehydrated. After a relaxing welcome massage, your skin is gently cleansed and exfoliated. A deeply-hydrating serum is applied with Thalgo's signature Heart of the Ocean massage, after which a moisturising mask delivers intense and lasting hydration. An application of Hydra Marine 24h Gel Cream completes the treatment and leaves the skin rehydrated, its texture improved and the complexion smooth, plump and radiant.

Thalgo Discovery Facial - 25 mins

The perfect express facial if you're on the go, for an instant infusion of marine active ingredients, tailored to your skin type. After a relaxing welcome massage and cleansing ritual, a skin-specific mask is applied. While it acts on the skin a soothing massage is carried out. When the mask is removed the Thalgo moisturiser and eye cream best suited to your skin is applied. After this pick-me-up, you will feel refreshed and relaxed and your skin will be glowing.

Thalgo 3 Algae Facial - 50 min

Experience true marine beauty with this signature algae facial, suitable for all skin types. Following a relaxing welcome massage, the skin is gently cleansed and exfoliated. A mask of pure natural seaweed, known for its beauty-enhancing properties, is then applied to remineralise and revitalise the skin. Thalgo's Heart of the Ocean massage with movements which recreate the rhythmic motions of the sea relaxes the facial muscles and relieves tension before an application of serum and moisturiser appropriate for your skin type complete the treatment, leaving your complexion soft, radiant and beautiful.

Hearth of the Ocean - Thalgo

First personalised professional treatment that measures the "Ideal Beauty Index (IBI)"

to lastingly correct imbalances:

Dehydration, dryness, sensitivity, hyperseborrhea to give the skin its ideal quality and remineralise it in depth.

This facial is perfect for heart of the ocean dehydrated skin "sensitive skin "dry and very dry skin and combination skin.

This is the perfect treatment for women and men seeking a comprehensive treatment that restores optimum hydration of their skin from within. The replenished skin is plumped from within. It regains suppleness and softness. Your complexion is radiant and the beauty index is long lastingly corrected if treated per month.

IPL Signature Facial

Ensure you get the best results for your investment. When having IPL Treatments, IPL Facials are encouraged to ensure the best possible results to maintain supple, relaxed skin. We suggest this facial be incorporated as the therapist sees fit for your individual skin type and condition. Please speak to your IPL professional.

PROBLEMATIC SKIN SOLUTIONS

Rebalancing Micronised Marine Algae

Allow 50/80 mins

Teen Solutions - Allow 50/80 mins

Solution to sensitive and oily/problematic skin
A deep cleansing facial treatment based on active marine elements, promotes elimination of impurities and re-balances even the most problematic skin.

FACIAL ENHANCEMENTS

Microdermabrasion - 50/80 mins

Thalgo skin expert is a mini procedure that boardsers between medical and spa treatments. If you wish to revitalise, firm and tighten your facial skin tone the 'Thalgo Skin Expert Micro Dermabrasion' is the answer.

Guinot's Hydradermie Double Ionisation Treatment

(Vegan Product Range)

Results that you can immediately see are smooth features and radiant skin that will make you glow from within.
52.3% increase in hydration
88.9% reduction in sebum
53.4% reduction in wrinkles

High Frequency

Include direct high frequency to any facial to regulate an oily skin and heal breakouts and improve skin conditions. Very strong anti-bacterial effect on the skin.

Thalgo Eye Bar Treatment "Eyes are the Keys to our Soul"

This treatment will amaze you. There is no treatment like it. If bags under your eyes have been the bane of your life, this is the answer. The Thalgo eye massage mask de-puff and rejuvenate your eye contour area while also reducing the appearance of wrinkles and dark circles just after one treatment.



ANTI - AGEING FACIAL TREATMENTS

Treatment Enhancer

- ▣ Radio Frequency: Treatment for outstanding results in firming.
- ▣ LED: Perfect Results

Heart Of The Ocean-Thalgo

Professional treatment that measures the "Ideal Beauty Index" (IBI) to lastingly correct imbalances: dehydration, dryness, sensitivity, hyperseborrhoea to give the skin its ideal quality and remineralise it in depth. This facial is perfect for dehydrated skin, sensitive skin, dry, very dry and combination skin. This treatment is the perfect treatment for woman and men seeking a comprehensive treatment that restores optimum hydration of their skin from within. The replenished skin is plumped from within. It regains suppleness and softness. Your complexion is radiant and the beauty index is long lastingly corrected. 1 treatment per month.

Guinot Hydrodermie Plus Facial - 90 mins

An exceptional facial for radiant skin. Designed to restore your skins natural beauty.

ANTI-AGEING EYE CARE – THALGO EYE BAR

The Thalgo Eye Bar menu includes a range of dedicated eye contour treatments for immediate results using the unique Thalgo Eye Massage Mask.

Thalgo Eye Expert - 30 mins

This ultra-relaxing treatment begins with a cleanse and gentle massage of the eye area using a specific eye concentrate. The Thalgo Eye Massage Mask machine is then used in conjunction with the appropriate eye products and either a warm or cold gel mask, the Thalgo Eye Massage Mask machine gently massages the eye contour area. An application of Thalgo Silicium Eye Cream completes the treatment. The result is an instant rejuvenation of the eye contour area with puffiness and dark circles reduced and any lines or wrinkles gently smoothed.

Thalgo Eye Touch - 20 mins

This treatment can be combined with a face or body treatment. The eye area is cleansed and gently massaged using a specific eye concentrate. Using the appropriate eye products and either a warm or cold gel mask, the Thalgo Eye Massage Mask machine gently massages the eye contour area. An application of Thalgo Silicium Eye Cream completes the treatment. The result is an instant rejuvenation of the eye contour area with puffiness and dark circles reduced and any lines or wrinkles gently smoothed.

NEW Anti-Ageing Thalgo Facial

No one has time for something that does not show

tangible instant results. Our New Medi Grade professional anti-ageing treatments resulting from advanced research are guaranteed to impress you. Your therapist will help decide which of these is best for your priorities. Instant lifting effects that you will see in a single session. In a series the results are sensational.

1. Collagen Booster: Truly luscious treatments to hydrate your skin - wrinkles look smoother and more lifted.
2. Wrinkle Eraser: Getting edge anti-ageing therapy means one can return home looking fit and relaxed plus years younger.
3. Age Suspension: Repair and lift, defends against ageing and can be customised as a restorative therapy to enhance botox or injectables.

ANTI-AGEING: 25+

Collagen Radiance Facial - 1 hour

Give your skin a Collagen boost and correct the signs of ageing as they appear with this facial designed for first wrinkles, with instant anti-ageing results. After a relaxing welcome massage, a cleansing ritual adapted to your skin type, and intense exfoliation to smooth the skin and allow optimum penetration of the active ingredients is carried out, plus an expert anti-ageing massage to lift the features and help the skin drink in all the Marine Collagen. The Collagen mask smoothes fine lines and has a plumping effect. While the mask takes effect, you'll enjoy a relaxing hand and arm massage. After the treatment your skin will be radiant, its collagen reserves restored. 100% of clients find their skin texture more even, 89% of clients say their skin is smoother and more luminous". **Test carried out in treatment rooms on a sample of 5 people, aged from 25-54 years, results confirmed by a panel of 16 beauty therapists.

ANTI-AGEING: 35+

Hyaluronic Smooth and Fill Facial - 1 hour

Correct the signs of ageing as they appear, with this smoothing and filling facial designed for age 35+ or for more pronounced wrinkles. After a relaxing welcome massage to immerse you in an aquatic cocoon, a cleansing ritual adapted to your skin type is carried out, followed by intense exfoliation to smooth the skin and allow optimum penetration of the active ingredients. Next, an expert anti-ageing massage lifts the features and helps the skin drink in all the Hyaluronic Acid. Targeted strips infused with Hyaluronic Acid Microspheres are applied to wrinkles and areas of concern to plump out lines and reduce their appearance, while a Hyaluronic Mask is applied to the rest of the face to smooth the skin, leaving your complexion glowing. You'll enjoy a relaxing hand and arm massage while the mask is left to act. After the treatment you will notice your lines are less

pronounced and skin is younger looking". 100% of clients say their wrinkles and expression lines are less noticeable and their skin is younger looking. 83% say their skin seems firmer.

"On average, the people who received the treatment say they feel their skin looks 4 years younger. **Test carried out in treatment rooms on a sample of 5 people, aged from 25-54, results confirmed by a panel of 16 beauty therapists.

ANTI-AGEING 45+

Silicium Super-Lift Facial - 1 hour 15 mins

Dare to defy time with this super lift facial, designed to combat all the signs of ageing at 45+ (loss of firmness, pronounced wrinkles). Relax and let yourself be immersed in an aquatic cocoon during the Thalgo cleansing ritual, adapted to your skin type. Next, your skin is intensely exfoliated and smoothed to optimise the penetration of the anti-ageing ingredients. An expert anti-ageing massage lifts the features, before a super-lifting mask is applied to fill deeper wrinkles and lift and contour the face and neck. After just one treatment you will already look 5 years younger". Your complexion will glow, lines will be less noticeable, and your skin firmer. 100% of clients say their face is more youthful looking, their skin lifted, 83% say their wrinkles look filled in". **Average results for people given the treatment. **Test carried out in treatment rooms on a sample of 5 people, aged from 25-54, results confirmed by a panel of 16 beauty therapists.

Thalgo Exceptional Ultimate Time Solution Ritual 50+

1 hour 30 mins

This manual facelift using Thalgo's revolutionary massage technique, EnergiLift, targets and tightens individual facial muscles and visibly lifts the entire face, providing the ultimate anti-ageing facial to combat all signs of ageing and hormonal deficiencies. Following a deep cleanse and scrub to prepare the skin, the Ultimate EnergiLift Massage encourages absolute relaxation and maximum toning. This specific modelling massage helps to stretch and 'work out' the facial muscles around the eyes, lips, face and décolleté to revive their original tone. The massage is combined with the Ultimate Time Solution Serum and Ultimate Time Solution Massage Cream, which contain powerful active ingredients to reshape facial contours. The Ultimate Time Solution Mask is then applied infusing the skin with Marine Bio-Cellulose, and a relaxing hand and arm massage is carried out whilst the mask is left to work. The treatment is completed with an application of Ultimate Time Solution Cream and Ultimate Time Solution serum for eyes and lips. Skin is left visibly smoother, brighter, lifted and nourished.

LED LIGHT THERAPY

LED light is fast becoming the anti age skin therapy a must to be added to any facial to treat wrinkles. Light Stem System used at Le Beau offers a hand held for home in between clinic treatments.

Celebrity facialist Joanna Vargan religiously used it in her spa on Fifth Avenue.

The main benefits of this treatment are

- Speeds the healing of the body by 300% (perfect for invasive treatments).
- Build collagen in quantifiable percentages.
- Erases damage to the surface of the skin.
- Gets rid if the fine lines.
- Corrects sun damage.

LED light is great for people having acne and skin blemishing or skin balancing treatments to help clear breakouts at a faster rate. The beauty of this treatment is unlike many treatments like fraxil laser and chemical peels there is no down time. LED is perfect for people who have had face lifts or any other skin surgery procedure because it helps speed up the healing.

In a word full of treatments that leave you plucked pulled and raw, I like that this has no pain involved, does not cost the earth and it works!

This treatment is perfect for the people who want to look after their skin at home and are too time poor or financial find the cost of other in salon treatments out if reach. After one treatment you will notice your pours have become more refined. Any blemishes will heal faster than normal, imagine the results after 8 weeks.

How does it work?

While plants can safely absorb light from the sun, the sun emits harmful UV rays that can do more damage to our skin than good. Light Stem Therapy used LED light therapy to deliver energy in a similar way plants absorb the light energy from the sun. Light Stem use UV free beneficial light rays that energises cells and stimulate the body's natural process to build new proteins and regenerate cells.

RADIOFREQUENCY AND ULTRASOUND

Skin Firming & Fat Burning Treatments

The Latest Generation Technology That Gives Real Results!

Ever wished for a more youthful appearance without diet exercise or surgery? Now you can have your dream. A unique multi-application, Radio Frequency based platform for non-invasive treatment of wrinkles cellulite and skin tightening...

How the Accent[™] works

The Accent[™] works by gradually heating the dermal and subdermal tissue to tighten and re-contour both superficially and volumetrically.

- Collagen fibers contract and multiply, which firms and improves laxity.
- Connective tissue contracts to improve the skin's contour, texture and architecture.
- Circulation improves and retained fluids drain from subcutaneous adipose tissue to reduce edema, erythema and overall volume

Treats all ages and skin types

Accent[™] works on all parts of the body, regardless of a patient's age or skin type. And unlike other RF systems, the AccentXL provides effective treatment for wrinkles and rhytids with significantly less discomfort, a minimal risk of side effects and no downtime or expensive disposables. Plus, the technology is always upgradeable when new research innovations emerge.

The Accent XL procedure is a technique which rejuvenates aging skin in a non-invasive, radiofrequency based procedure

by treating two separate layers of skin in a single treatment. The technique is called "dual-layer thermotherapy," and is effective in treating loose, sagging skin, and uneven skin texture and tone. Accent XL is also a very effective technique for the treatment of cellulite. The treatment encourages the skin's natural development of collagen, which gives skin its firm, elastic tone. The technique requires no downtime and is non-invasive, making it a popular alternative for both men and women who do not want to commit to more complicated and extensive surgical procedures.

Which area of the body is Accent XL useful for? Accent XL's unique dual-layer technique is suitable for use anywhere on the body where there is loose, wrinkled, and sagging skin or cellulite. The procedure is especially popular with individuals seeking to tighten up the crepe-like skin that can occur on the underside of arms and under the neck as a result of aging or significant weight loss, and is also a popular treatment for individuals following pregnancy and weight loss surgeries, to tone and tighten stretched, loose skin.

Who is not a candidate for Accent XL? In general, men and women who are diabetic, taking photosensitising drugs, or who have pacemakers are not good candidates for Accent XL procedures. In addition, women who are pregnant or nursing should not undergo Accent XL.

How is Accent XL performed? The Accent XL dual-layer technique uses a special hand piece to deliver radiofrequency energy to both the surface and deeper layers of the skin. Both treatments affect the production of collagen, effectively encouraging the skin to produce new collagen, which helps the skin regain some of the elasticity lost through the normal aging process. This dual-layer technique is specially designed to treat both the fine, delicate skin of the face and neck, as well as deeper, thicker skin layers.

IPL TREATMENTS

Intense Pulsed Light with Optimal Pulsed Technology

Optimum Pulse Technology (OPT™) is a new breakthrough in Intense Pulsed Light (IPL™) technology unique to the Lumenis One. IPL™ featuring OPT™ can correct a variety of benign skin conditions in a safer, more comfortable way and still be up to 60% faster than other IPL™'s in the market. Treatable conditions include those such as facial skin imperfections, birthmarks, unsightly small veins, brown pigment, age spots, freckles and sun damaged neck and chests.

IPL™ offers a safe, non-invasive solution that can be tailored to your individual condition and skin type, providing superior cosmetic results and outstanding satisfaction, through photo rejuvenation.



Red blemishes from broken blood vessels and brown spots of pigment from sun damage respond to Intense Pulsed Light. The light is changed to heat energy as it reaches to the level of the collagen beneath the skin surface.

Is IPL™ safe for all skin types?

IPL is the first photorejuvenation and photoepilation procedure proven to effectively treat unwanted hair on all skin types, including dark-skinned individuals such as those of Black, Hispanic and Asian descent. Highly controlled flashes of light are selectively absorbed by hair-filled follicles lying below the surface of the skin. The absorbed light heats the hair, which damages or destroys the regrowth potential of the follicle. All without damaging the surrounding tissue.



Before Treatment
Parameters are set to ensure effective hair reduction and skin safety.

During Treatment
Pigment in hair shafts absorbs the light. The resulting heat damages each follicle.

After Treatment
Damage hairs are eliminated, with excellent long term results.

Treat any skin or hair type. Find out what IPL™ can do for you.

Skin conditions photorejuvenation can treat

- Pigmentation
- Capillaries
- Stretchmarks
- Rosacea
- Fine Lines
- Age Spots
- Port Wine
- Freckles



Telangiectasia - After 3 IPL Treatments
Courtesy of Jerry Darm, MD, Laker Oswego, Oregon



Sun Damage - After 1 IPL Treatment
Courtesy of Franklin Johnson, MD, Mineola, New York



Permanent Hair Reduction

- Arms
- Underarms
- Bikini Line
- Lip, Chin
- Facial Hair
- Body Hair

Hair on the underarm - 4 months after 2 IPL treatments.



Courtesy of Maia Angermeyer, MD, Providence, Rhode Island.
Hair on the legs - 8 months after 4 IPL treatments.



Benign Vascular Lesions:

Broken Veins and Capillaries

The face has an extensive network of veins and tiny blood vessels called capillaries. Over time, aging, trauma, sun exposure and certain

lifestyle factors cause a number of them to break, appearing as red streaks or blotches on the face. IPL therapy can eliminate damaged veins and capillaries by removing virtually all traces of these unsightly blemishes.

Redness Caused by Broken Capillaries

Many people suffer from broken capillaries and diffuse erythema, that cause them social embarrassment. For both women and men, IPL can successfully treat dilated blood vessels without injuring the surrounding healthy skin.

Treat any Hair with IPL™

OPT's unique design offers you customised treatment according to you hair colour, texture and the location of body hair. Any hair with at least some pigment in it (black, brown, red and even blond) can be treated effectively.

Results What should I expect?

IPL technology has been proven to create a permanent reduction in the number of regrowing hairs following each treatment in most skin types. The number of treatments required depends on several factors related to your specific kind of hair and skin. A customised treatment program will be designed for you along with an estimate of how many treatments you may need in order to meet your expectations.

Possible Side Effects - Are there any?

Side effects are rare. You may experience some slight reddening or local swelling at the treatment site, but this naturally goes away within hours. Limited sun exposure before and after treatment will be of benefit. In most cases, following the treatment, you can return to work and resume all regular activities immediately.

Multiple Treatments - Why are they necessary?

Depending on the number of skin conditions you are treating, and the severity of the individual problem, a series of four to six treatment sessions may be recommended. You can return to work the same day and resume all your regular activities. By dividing the full program into several treatments, the procedure provides gradual improvement with very low risk - and, it preserves the wonderful "no down time" feature that people appreciate so much.

MICRO-DERMABRASION

Medi Cosmetic Treatments

A new dimension in terms of results "Medi-Cosmetic" treatments for extraordinary results.

Corundum or Aluminium oxide: this mineral powder has been chosen by THALGO laboratories for its inert, and thus non-allergenic, nature. In fact, it is the hardest natural substance after diamond, which gives it extremely strong abrasive qualities. Spraying it onto the skin leaves the skin more vulnerable to bacterial contamination, which is why THALGO has chosen a high-quality, sterile corundum powder that is protected in a sealed bottle. The THALGOSKIN Expert machine has been specifically developed to be able to use this hermetic bottle.

WHAT IS MICRO-DERMABRASION? Micro-dermabrasion involves exfoliation of the skin to a greater or lesser degree, carried out by a beautician or a dermatologist, although it can also be performed at home at a lesser intensity. This deep-acting exfoliation of the face can be carried out in different ways:

1. The skin is re-textured: softer, smoother and more even
2. The complexion is glowing with youth
3. Wrinkles and fine lines are visibly erased
4. The skin is firmer and more toned

From the very first session, the skin is "re-boosted", cellular regeneration is set in motion and superactivated. The complexion is more luminous, its dull veil is lifted and the skin is visibly smoother.

Not All Microdermabrasion Treatments Are The Same

For Whom:

All those in search of perfection who are looking to effectively treat their wrinkles and fine lines along with cutaneous blemishes and sagging.

Results

From the very first session, the complexion is clearer and the skin smoother. At the end of the course of treatment, wrinkles are clearly softened, the contours of the face are redefined and the skin re-textured and incredibly smooth.

As A Treatment Course

6, 9 or 12 sessions. 1 to 2 courses of treatment a year.

To Maintain Results

1 session per month or per quarter depending on skin type.

Note: If you have any concerns with your treatment please contact your clinician.

EPIDERMAL LEVELLING

Epidermal Levelling 25 min

Epidermal Levelling With A Pomegranate Peel Booster 45min

Epidermal Levelling With A Pomegranate Peel Booster & Led Light Therapy 50min

Epidermal Levelling is a safe and effective treatment that will improve the texture and tone of the skin, reduce fine vellus hair and improve the absorption of both treatment and at-home use products.

This procedure involves the use of a patented blade that works by removing surface dead skin cells and fine down-like hair on the face that makes it difficult for products to penetrate and aids the smooth application of makeup.

After treatment, the skin feels smooth, soft and hydrated. This procedure can be carried out in a lunch hour allowing the patient to get straight back to the day's activities, with no downtime at all. Painless and time effective, treatments are normally repeated every three weeks to monthly depending on the patient's requirements.

The results are amazing. Glowing skin that looks refreshed and renewed. A fantastic pick-me-up and great for special occasions.

A pre-treatment consultation would determine the patient's suitability.

POMEGRANATE PEEL

Lavish your skin with antioxidants to prevent free radical damage and support the life span of healthy cells. Working to even out the top layers of the skin, the Pomegranate Peel nourishes and infuses the skin with moisture to leave it glowing and radiant. Free consultations are available for all treatments. One-off treatments are available however a course of treatments is required for optimum results.

LED Light Therapy

Using NASA Technology increase circulation and oxygenation, reduces inflammation, accelerates healing, minimises pores, fine lines and wrinkles, radiant glow while repairing and rebuilding collagen, elastin and other proteins/enzymes, improve cellular function.

NATUROPATH SERVICES

Great Skin Comes From Within



Megan Inferrera
Naturopathy & Bowen Therapy

- Hormone Balance
- Skin Conditions • Menopause

Bowen Therapy 45 mins

Naturopathic Vitality overhaul consultation with full 3 month program 75 mins

Naturopathic Hormone Balance Session 60 mins

Skin Nutrition & Glow Naturopathic Session 45 mins

Naturopathic Mini info session / Follow up 30 mins



GUINOT HYDRADERMIE

Recognised internationally as one of the most technologically advanced skin care treatments, the Guinot Hydradermie is deeply penetrating and aims to correct skin problems from the inside out. This advanced non invasive procedure penetrates active ingredients to bring you amazing results. With a specific gel serum for every beauty goal, we've got you covered. Experience renewed radiance, smoothed features & your skin concerns addressed directly

- Visible results from the first treatment
- An amazing increase in results from the original Hydradermie
- A more customised treatment due to new Ionisation Gels
- Treats 38% more of the face
- 52.3% increase of Hydration with the use of the hydrating gel serum
- 88.9% decrease in sebum with the use of the purity gel serum
- 53.4% decrease in wrinkles with the use of the Age Logic Gel Serum

- ALSO available
- Hydradermie Double Ionisation Age Logic
 - Hydradermie Double Ionisation Eyes

The treatment starts with mild electrotherapy and gentle massage movements of the rollers to help the plant based active ingredients penetrate into the skin, deep cleansing it and revealing its inner beauty. Next, high frequency action is used to oxygenate and energise the cells, as well as create an antibacterial effect. A customised mask and relaxing massage completes the treatment, leaving your complexion balanced, healthy and glowing. With immediate results and long lasting effects the Hydradermie Double Ionisation facial can be offered in different versions tailored to the needs of your skin type and your beauty aims.

Guinot Hydraclean
For clear and radiant skin in just 30 minutes the HYDRACLEAN treatment proposes all the essential steps for clear and radiant skin.

1/ Deep Cleansing
The heat triggers hypersecretion of the sweat glands to eliminate toxins. After removing make-up and cleansing the face, the beauty therapist applies the Gel Nettoyant suited to the client's skin. She runs the Thermoclean heating electrode on each part of the face,
2/ Beauty Massage
The beauty massage relaxes features. The complexion is radiant.

Idea for relaxing the facial features and the mind, the massage favours drainage and restarts skin micro-circulation. The massage is carried out with Modelage BeauteSerum Creme, which contains Allantoin to smoothe the skin and Witch Hazel Extract to tighten pores.

COSMETIC SKIN PEELS

Cosmeceutical, Medical Grade Peels Treatments

Using Aspect Dr, M Ceutic, Pelactiv and Cosmedix, strip back dead skin to reveal a more youthful you, while addressing skin concerns.

Aspect Retinol Brulee™ Anabolic Resurfacing Treatment

This resurfacing treatment is ideal for addressing a range of skin concerns. Fine lines, wrinkles, visible pores, minor discolouration and muddy complexions can't but surrender to this powerful rehab program for time damaged skin.

Aspect Dr Vitamin A Peel
Anabolic Resurfacing Treatment to address fine lines, wrinkles, visible pores, minor discolouration and muddy complexions.

Aspect Dr Problem Skin Peel
A Gentle, all purpose treatment that resurfaces, corrects and protects with Fruit Enzymes.

Aspect Dr Complete Pigment Peel
A break through treatment designed to target discolorations and leave the skin looking brighter and more vibrant. Vitamin C and Rumex Occidentals have been clinically proven to dramatically improve the skin's appearance.

Aspect Dr 20%, 40%, 60%
Corrective Peels are designed to erase imperfections and improve tone and texture as well as restore skin clarity. Peels can significantly improve fine lines, wrinkles, irregular texture, dull sallow skin, hyper pigmentation and acne.
PCA Oxygenation Trio
Skins best defence against environmental stress and oxidative damage. Help prevent the process of ageing, improving circulation, rejuvenating sluggish and stressed skin.

Cosmedix Pomegranate Peel
Repair & Restore. The perfect pick-me-up for all skin types, conditions and concerns. This gentle, antioxidant exfoliating treatment leaves skin radiant, renewed and glowing.
Pelactiv Lactic Acid Peels
Present your skin in its best possible condition with lactic acid peels. Best results will be obtained with progressive treatment. 6-10 peels.

Super Hydrate Facial
Exclusive to Le Beau, this treatment includes a Fruit Enzyme Peel followed by a deep exfoliation, advanced hydration mask and LED light therapy. Performed with Aspect Dr Cosmeceutical Products

M CEUTIC
The first medically-inspired professional cosmeceutical range with patented Mésolift Marin.

The new cosmeceutical skincare treatment by Thalgo Laboratories featuring patented ingredients Néo Skin and Marine Mésolift; this facial treats all types of skin irregularities such as pigmentation, acne scarring, blemishes and uneven skin tone.

DERMAFRAC - SKIN NEEDLING

Breakthrough in Cosmetology Treatments - Real Treatments Delivering Real Results

Achieving beautiful skin has never been easier, faster, more comfortable or more effective.

How Does It Work?

The precision controlled DermaFrac hand-piece uses a vacuum to pull the skin into contact with hundreds of micro needles. The microneedles create pathways for the infusion of targeted serums by penetrating the epidermis above capillaries and nerve endings, ensuring there is no bleeding or pain.

Designed to improve the overall appearance of your skin, procedures results in some pink or slightly red areas, which should fade quickly. The degree of redness you experience will be directly related to the amount of stimulation during the procedure.

Will It Hurt?

Patients tell us that DermaFrac feels wonderful. The precise engineering of the hand piece in comparison to other hand pieces on the market prevents any bleeding or pain and instantly provides a pleasant client experience with no down time. DermaFrac is an excellent alternative to fractional laser treatments that can be expensive and more complicated.

Optimal absorption of the serum will stimulate a positive natural response by the body which increase collagen and fibroblast activity. Fibroblast activity is a cell that synthesizes fibroblast and are morphologically heterogeneous with diverse appearance. A fibroblast is a type of cell that synthesizes the extra cellular matrix and collagen.

The structural framework for human tissue and it plays a critical role in wound healing. Fibroblasts are most commonly found in cells of corrective tissue.

Is There Down Time?

No! DermaFrac allows you to return to your normal activities immediately following the procedure. If you so desire, you may re-apply your makeup immediately after the procedure, however we prefer and recommend either a mineral makeup or Thalgo BB Cream.

How Many Treatments Will I Need?

DermaFrac is safe and effective for many skin types and has been shown to improve conditions such as:

- Scars
- Stretch Marks
- Skin Dehydration
- Superficial lines and wrinkles
- Pigmentation, sun spots and uneven skin tone

Your treatment will be individualised by the selection of a DermaFrac serum to target your specific condition.

Anti-Aging

A 'super cocktail' of peptides that has a potential to stimulate collagen and fibroblast production and relax the muscles in a subtle, natural way.

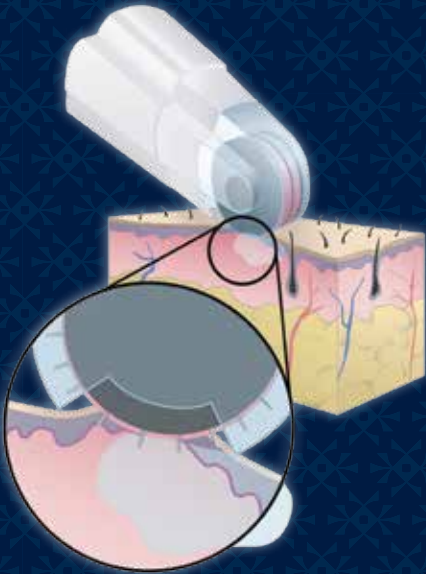
Lightening

Kogic Acid is a natural and effective lightening agent shown to even out pigment.

Hydration

Hyaluronic Acid triggers intense hydration. A patented formulation using Hyla Sponge technology which may result in sustained hydration of the skin. We will be launching this new amazing technology in June – perfect timing to repair your skin from our harsh summer.

Please see our promotions page for a special introductory offer.



MEDI COSMETIC TREATMENTS

MEDI COSMETIC TREATMENTS

SKIN TREATMENT PROGRAMS

Specialised Skin Treatments

Introducing our range of Skin Packages, to make it easier to address skin conditions such as acne, acne scarring and pigmentation.

By combining specific treatments and products into a focused treatment plan that will deliver real results.

And with savings of over 20% on our standard treatment pricing, your goal of natural beauty and confidence is even more affordable.

Skin Brightening

4 week treatment plan includes:

- 2x Microdermabrasion (40min)
- 1x Pelactiv Peel
- 1x aspect Dr Vita A Peel
- 2x LED treatments
- Aspect Dr Starter Kit
- Lycogel cover & recovery

SAVE
\$258

Body - Detox and Tone

12 week treatment plan includes:

- 10 Radio Frequency & Ultra Sound
- 2 Micronised Marine Algae Hydrotone Body Treatment
- 10 Infra Red Sauna
- Thalgo High Performance Cream or Intensive Cream
- Body Brush

SAVE
\$1227

Reduce Scarring

12 week treatment plan includes:

- 4x Dermafrac Skin Needling
- Plus a choice of 3 Aspect Dr products
- Lycogel cover & recovery

SAVE
\$466

Acne and Problem Skin

12 week treatment plan includes:

- 6x Lactic Acid peels
- 6x Microdermabrasion (40min)
- 12x LED treatments
- Aspect Dr Problem Skin Treatment kit
- Lycogel cover & recovery

SAVE
\$694

Pigmentation and Sun Damaged Skins

15 week treatment plan includes:

- 2x Microdermabrasion (40min)
- 1x Lactic Acid Peel
- 2x IPL treatments
- 3x LED treatments
- 1x Skin Needling
- 1x Box of Sculptured Mask
- Aspect Dr Brightening Skin Kit
- Lycogel cover & recovery

SAVE
\$544

Anti-Ageing and Firming

12 week treatment plan includes:

- 4x Radio Frequency/Ultrasound
- 3x Microdermabrasion (40min)
- 2x IPL treatments - Skin Rejuvenation
- 2x Skin Needling with Growth Factors
- 4x LED treatments
- Aspect Dr Anti Ageing Skin Treatment kit
- 1x Box 3D Sculptured Mask
- Lycogel cover & recovery

SAVE
\$940

COSMETIC FILLERS AND ENHANCERS

Anti-Wrinkle Release Injections

Anti-wrinkle release injections are used to relax the face that causes wrinkles on the forehead, crows feet and worry lines. They can also be used to treat excessive sweating affecting the hands and underarms.

Dermal Fillers

These medicines can be used to revolutionize areas of the face that have lost volume with age, or to change the shape of the face. Common indications are for lip enhancements, nasolabial lines and cheek bone enhancement.

Liquid Face Lift

For a full non-surgical facelift. Use of wrinkle injections, dermal fillers for use in nasolabial line or cheek bone enhancement plus dermal filler for lip enhancement.

Free consultations available.

Bookings essential.

LE BEAU CLINIC & SPA

SKIN AND BODY MANAGEMENT

Cnr South Street & Gilbertson Road, Kardinya
Telephone: 08 9331 1122

www.day-spa-perth.com.au



LE BEAU CLINIC & SPA AWARDS

Le Beau is recognised as Perth's Best establishment for 22 years

- World Luxury Spa Award Winner - Medical Spa 2016 & 2017 Australia & Oceania
- World Luxury Spa Award Winner - Medical Spa 2018 Global
- Luxury Travel Guide Global Award 2015 & 2016
- World Luxury Spa Awards 2015
- Spa Of The Year 2013
- Thalgo Premier Salon 2001 - 2016
- AAPA National Best Spa
- ABIA Finalist Australian National Spa 2012
- ABIA National Director 2012
- ABIA National Training 2012
- Gold Status Award 2011
- Who's Who Australia Women 2010/11/14/15 edition
- Who's Who Inspiring Women 2010/11 edition
- Who's Who Educating Women 2009/10
- Who's Who in Australia 2008/09
- Who's Who in Australian Women 2008/09
- WA Business News 40 under 40 2008
- Telstra Young Business Woman of The Year Finalist 2007/08 - Innovation
- AAPA Excellence Marketing Awards 2007/08
- Establishment Of The Year 2006/07

Karen Briffa-Skewes Personal Experience

- Australia Wide Lecturer and Coach
- 24 years Beauty experience
- 22 years Spa experience

Experience and connecting with what our guests want & need.



WORLD LUXURY SPA AWARDS
WINNER 2015 & 2016

WORLD
LUXURY
SPA
AWARDS
WINNER
2015, 2016,
2017, 2018
& 2019

LUXURY SPA 2015
Australia

MEDICAL SPA
2016 & 2017
Australia and Oceania

LUXURY SPA
2017 & 2018
Australia and Oceania

MEDICAL SPA 2018
Global

LUXURY SPA 2019

MEDICAL SPA 2019